

## Veysya, veysya kaputska

(Russia)

Veysya, veysya kaputska is a traditional dance of Russia in which can be found the remnants of a pagan ritual dance of spring. The dance originated in the initiation rituals of the adolescents of the pagan East Slavic people. The dance is known all over Russia with variations from region to region. The title translates as "grow, grow my cabbage." Research was done by several leading ethnomusicologists specializing in dance. Hennie Konings introduced this dance in Holland in 1986.

Pronunciation: VYAY-syah VYAY-syah kah-POOST-kah

Cassette: Russian Dances Stockton 1994

2/4 meter

Formation: Dancers in one circle, hands joined in V-pos. A break occurs between the Leader and the dancer on the R. Both end dancers have free hand on hip.

Steps: Basic Step (one to a ct): A low, relaxed running step, beg each meas on R. Used throughout dance, even when standing in place.

Meas

Pattern

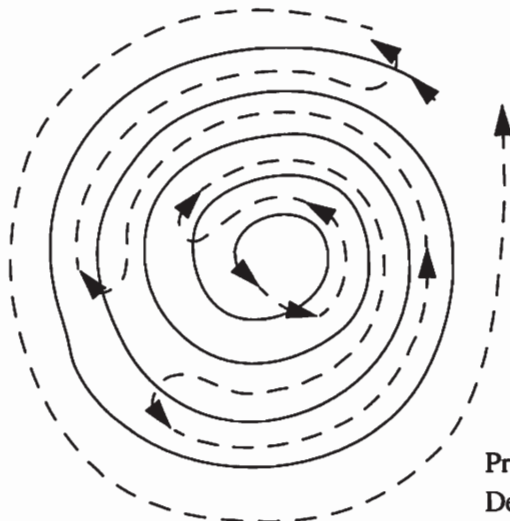
### INTRODUCTION

#### I. CIRCLING

Moving in front of last dancer, Leader lead line CCW spiralling into ctr. Spiral shouldn't be too tight, but kept loose enough to allow the unwinding. When ready to unwind (usually at the end of a musical phrase), Leader stop and raise hands overhead. All stop facing ctr and raise joined hands to make arches. Keep dancing in place.

#### II. UNWINDING

Leader duck through a facing arch and lead the line CCW less than one round (see diagram). Leader duck through second arch (on the R) and lead the line CW less than one round. Leader duck through third arch (on the L) and lead line CCW less than one round. Continue ducking through an arch and alternating direction of travel until the end of the spiral is reached. Final arch: Leader duck through the arch made by the last 2 dancers and lead line CCW into the big circle. As line starts to move fwd, lower joined hands into V-pos.



Presented by Hennie Konings

Description by Ruth Ruling and Joyce Lissant Ugglá